



Kalari Kovilakom

Psoriasis – 14N

The Psoriasis Treatment Program at Kalari Kovilakom is an intensive, physician-led Ayurvedic healing experience rooted in the authentic principles of classical Ayurveda and delivered within a highly disciplined, therapy-focused environment. Designed for chronic skin conditions, the program emphasises deep internal purification through Panchakarma, supported by personalised herbal medications, medicated therapies, and a strictly regulated sattvic diet tailored to each individual's constitution. Each guest follows a structured daily regimen under continuous medical supervision, combining therapeutic treatments, yoga, and mindfulness practices to eliminate toxins, restore dosha balance, and promote skin regeneration from within. The retreat's unique "healing monastery" approach ensures minimal external distractions, allowing for complete immersion in the treatment process. A 14-night program is suited for initiating detoxification and reducing symptoms such as inflammation and irritation, while a 21-night program enables a more comprehensive Panchakarma cycle, deeper systemic cleansing, and more sustained management of psoriasis through consistent and authentic Ayurvedic care.

****** Rates are subject to availability and conversion rates at the time of booking.**



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com



Kalari Kovilakom

Psoriasis – 14N

Psoriasis – 14N

Single – Euro 7191

Double – Euro 12150

Psoriasis – 21N:

Single – Euro 9526

Double – Euro 16038

Package Inclusions:

- 🌿 Doctors' consultations
- 🌿 All Ayurveda treatments including therapeutic massages and steam treatments.
- 🌿 Yoga and meditation sessions
- 🌿 Accommodation.
- 🌿 Airport pick-up and drop.

**** Rates are subject to availability and conversion rates at the time of booking.



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com